Fourth Sunday after the



MM

Before the service, speak to the Lord; During the service, let the Lord speak to you; After the service, speak to one another.

Prelude "Softly and Tenderly" MaryAnn Hubbard Will L. Thompson/arr. Judy Nishimura. © 2020 ALRY Publications, LLC. Permission to stream from Judy Nishimura/ALRY Publications.

Hymn 616 "Hail to the Lord's Anointed" (vs. 1, 4, 5)



Words: James Montgomery; Music: adapt/harm Henry W. Davies. Public domain.

The complete text begins on page 355 of The Book of Common Prayer.

Priest Blessed be God: Father, Son and Holy Spirit.

People And blessed be God's kingdom, now and forever. Amen.

Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

All say this Hymn of Praise

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father,

we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Collect of the Day

- *Priest* The Lord be with you.
- People And also with you.
- Priest Let us pray.
- *Priest* Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons

Deuteronomy 18:15-20

[Moses summoned all Israel and said to them,] ¹⁵"The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. ¹⁶This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: 'If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die.' ¹⁷Then the Lord replied to me: 'They are right in what they have said. ¹⁸I will raise up for them a prophet like you from among their own people; I will put my words in the mouth

of the prophet, who shall speak to them everything that I command. ¹⁹Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. ²⁰But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.'"

Lector The Word of the Lord.

People Thanks be to God.

- Gradual Psalm 111
 - 'Hallelujah!

I will give thanks to the LORD with my whole heart, * in the assembly of the upright, in the congregation.
²Great are the deeds of the LORD! * they are studied by all who delight in them.
³His work is full of majesty and splendor, * and his righteousness endures forever.
⁴He makes his marvelous works to be remembered; * the LORD is gracious and full of compassion.

⁵He gives food to those who fear him; * he is ever mindful of his covenant.

⁶He has shown his people the power of his works * in giving them the lands of the nations.

- ⁷The works of his hands are faithfulness and justice; * all his commandments are sure.
- ⁸They stand fast for ever and ever, * because they are done in truth and equity.

⁹He sent redemption to his people;

he commanded his covenant forever; *

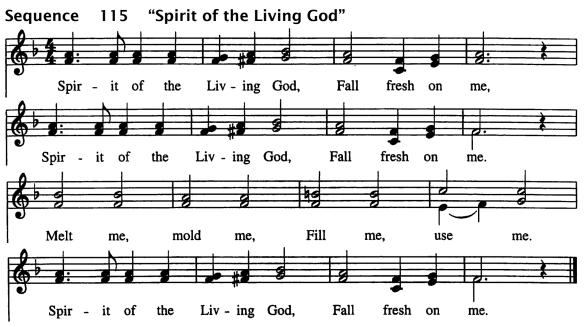
holy and awesome is his Name.

¹⁰The fear of the LORD is the beginning of wisdom; * those who act accordingly have a good understanding; his praise endures forever.

1 Corinthians 8:1-13

Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. Anvone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him. Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords— vet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist. It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat. and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Lector The Word of the Lord. *People* **Thanks be to God.**



Words: Daniel Iverson (1890-1977)

Music: Daniel Iverson

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Priest The holy Gospel of our Lord Jesus Christ according to Mark.People Glory to you, Lord Christ.

Mark 1:21-28

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

Priest The Gospel of the Lord.People Praise to you, Lord Christ.

The Sermon The Rev. LaRae Rutenbar

The Nicene Creed We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father. God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate: he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead. and the life of the world to come. Amen.

The Prayers of the People

The Leader and People pray responsively

Almighty God, giver of every good gift: Look graciously on your Church, and so guide the minds of those who shall choose a rector for this parish, that we may receive a faithful pastor, who will care for your people and equip us for our ministries; through Jesus Christ our Lord. Amen. In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world; For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble; For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the Truth.

For Michael, our Presiding Bishop, Skip, our Assisting Bishop, and for all bishops and other ministers;

For all who serve God in his Church.

For the special needs and concerns of this congregation. We pray especially for Audrey, Lotte, Patti, Debbie, Carol, Betty, Lee, Ginny, Bruce, Maggie, Matthew, Bob, Daryl, Jim, Mike, Andrew, Joyce, Carol, Phil, Jim, Jane, and Bishop Curry.

Silence

The People may add their own petitions

Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence

The People may add their own thanksgivings

We will exalt you, O God our King;

And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions

Lord, let your loving-kindness be upon them; **Who put their trust in you.**

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Leader and People

Have mercy upon us, most merciful Father; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.

The Celebrant concludes with an absolution or a suitable Collect.

The Peace

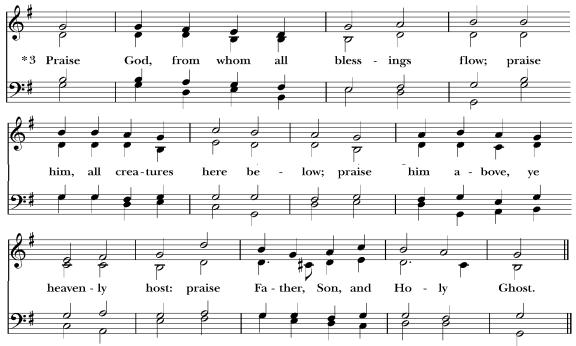
Priest The peace of the Lord be always with you.

People And also with you.

The People may then greet one another with a sign of peace.

Offertory "In the Garden" MaryAnn Hubbard C. Austin Miles/Arr. Judy Nishimura © 2020 ALRY Publications, LLC. Permission to stream from Judy Nishimura/ALRY Publications.

Doxology (Old Hundredth, Hymn 380 v. 3) Words: Thomas Ken. Public domain.

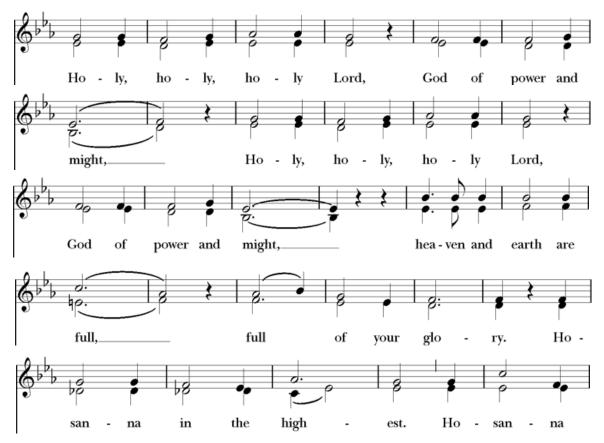


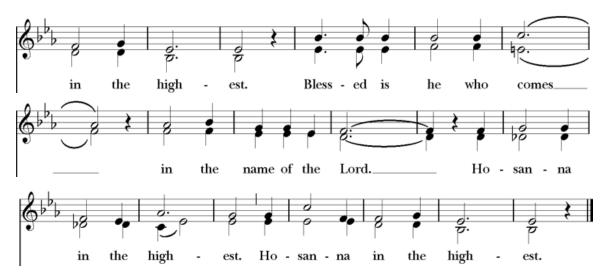
The complete text begins on p. 361, BCP

The Great Thanksgiving

Eucharistic Prayer A

- Priest The Lord be with you.
- People And also with you.
- Priest Lift up your hearts.
- People We lift them to the Lord.
- Priest Let us give thanks to the Lord our God.
- People It is right to give God thanks and praise.
- *Priest* It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:





Then the Priest continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

At the following words concerning the bread, the Priest is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith:

Celebrant and People

Christ has died. Christ is risen. Christ will come again.

The Priest continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

The Priest continues through the Invocation, then says

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

Priest and People

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Bread is broken and silence is kept. Then may be said

Priest Alleluia. Christ our Passover is sacrificed for us;

People Therefore let us keep the feast. Alleluia.

Invitation to Communion

A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.

Optional Prayer for those who cannot receive

Beloved Jesus, I believe that you are present in the Blessed Sacrament of the Altar. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you in the Sacrament of your Body and Blood, come spiritually into my heart. I embrace you and unite myself entirely to you. Let me never be separated from you in this life or in the life to come. Amen.

Hymns During Communion

Hymn "You have come down to the lakeshore"

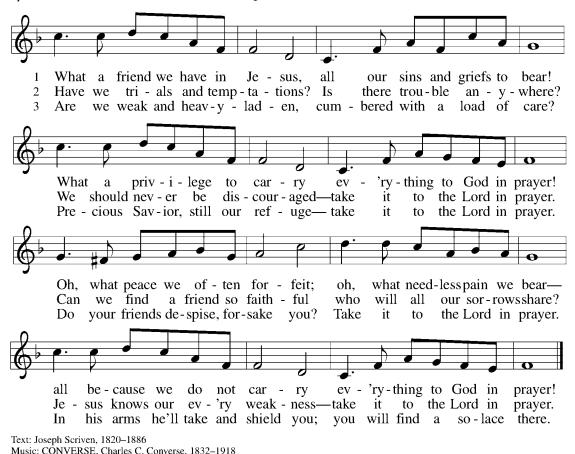


Text: Cesáreo Gabaráin, 1936–1991; tr. Madeleine Forell Marshall, b. 1946 Music: PESCADOR DE HOMBRES, Cesáreo Gabaráin

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Hymn "What a friend we have in Jesus"

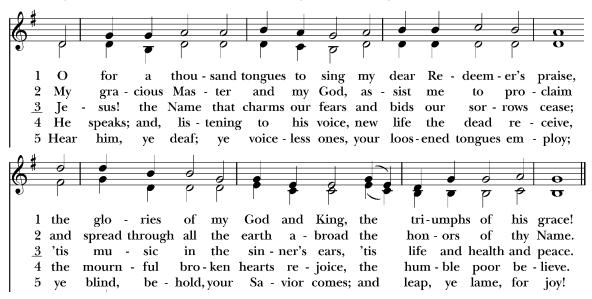


After Communion, all say

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Priest bestows the blessing

Closing 493 "O for a thousand tongues to sing"



6 Glory to God and praise and love be now and ever given by saints below and saints above, the Church in earth and heaven.

The Deacon (or if no Deacon, the Priest) dismisses the People.

Let us go forth in the name of Christ. *People* Thanks be to God.

Postlude

In Our Prayers

LARCC: Church Leadership at First Congregational UCC

For Healing & Convalescing: Audrey Himes, Lotte Rosenberg, Patti Rockwell, Debbie Sanborn, Carol Hart, Betty Bartley, Lee Harris, Ginny French, Bruce Connon, Maggie Lamb, Matthew Van Zetten, Bob Hanna, Daryl Hebert, Jim Tanner, Mike Tanner, Andrew, Joyce, Carol Putkamer, Phil, Jim Gilmet, Jane McClain and The Most Rev. Michael Curry.

Birthdays: Laurie Griggs (29), Chery Bates (3)

Military: Ashley Alexander, Tyler Ferrier, Joshua Gapske, Isaac Graham, John Hartman

Cycles of Prayer: Diocesan: Grace, Lapeer and Emmanuel, Petoskey; Anglican: the Diocese of Saint Albans (England)

Announcements

MONTHLY POTLUCK SUPPER

Our monthly potluck supper will be held on Thursday, February 1, at 5 p.m. All are welcome. Please bring a dish to pass. See you there!

CHOCOLATE EXTRAVAGANZA - FEBRUARY 10, 2024

Our annual Chocolate Extravaganza will be held on Saturday, February 10th. Can you bake a chocolate item for the event, donate a door prize, or help work at the event? Please call Ellen Eagan (989.464.9938) if you are able to lend a hand. All proceeds benefit the Parish Scholarship Fund.

POTATO PANCAKE DINNER

Saturday, February 3 from 1-6 p.m. St Matthew Lutheran Church, 7109 Wolf Creek Rd., Herron Featuring: potato pancakes, sausage, homemade desserts, beverages \$15 Adults/\$5 for children 5-12 years/under 5 free

This Week's Calendar		
Today	9 AM 9:30 AM	Breakfast Potluck Annual Meeting
		Holy Eucharist
Tuesday	1:30 PM 7 PM	,
Wednesday		Holy Eucharist The Good Book (Bible) Study Choir Practice AA
Thursday	5 PM	Monthly Potluck
Friday	5:30 PM	AA



Sunday, February 4

9 am - Holy Eucharist/Rev. Mark Rutenbar 11 am - Holy Eucharist/Rev. Mark Rutenbar

Sunday, February 11

9 am - Holy Eucharist/Rev. LaRae Rutenbar 11 am - Holy Eucharist/Rev. LaRae Rutenbar

Sunday, February 18

9 am - Holy Eucharist/Rev. Mark Rutenbar 11 am - Holy Eucharist/Rev. Mark Rutenbar

Sunday, February 25

9 am - Holy Eucharist/Rev. LaRae Rutenbar 11 am - Holy Eucharist/Rev. LaRae Rutenbar

Sunday, March 3

9 am - Holy Eucharist/Rev. Mark Rutenbar 11 am - Holy Eucharist/Rev. Mark Rutenbar

Sunday, March 10

9 am - Holy Eucharist/Rev. LaRae Rutenbar 11 am - Holy Eucharist/Rev. LaRae Rutenbar

Sunday, March 17

9 am - Holy Eucharist/Rev. Mark Rutenbar 11 am - Holy Eucharist/Rev. Mark Rutenbar

Wednesdays, January 31 and February 7, 14, 21, 28

12:05 pm - Holy Eucharist/Rev. Bruce Michaud 1:00 pm - Bible Study/Rev. Bruce Michaud



Trinity Episcopal Church 124 E Washington Ave, Alpena

Saturday, February 10, 2024 2:00 to 4:00 p.m.

\$20 Donation/Adults\$10 Donation/Children Under 10 yrs - free

Call 989.356.0576 for Reservations

Treat your Valentine to two hours of sampling the most decadent chocolate desserts that you can imagine accompanied by live easy-listening music provided by Carole Cadarette and chocolate-themed door prizes!

Proceeds to benefit the Parish Scholarship Fund.

Trinity Episcopal Church 124 E. Washington Avenue Alpena, MI 49707

The Rev. Dr. Daniel Maxwell, Deacon Mobile: (248) 568-7115

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Kat Tomaszewski, Music Director Peggy Tomaszewski, Office Manager Phone: (989) 356-0576 乗 Email: adminasst@trinityalpena.net Website: www.trinityalpena.net

Office Hours: Closed Mondays, Tuesday - Thursday - 1pm to 5pm, Friday - 1pm to 3pm

Welcome to Trinity, part of the Anglican Communion, and thus, both catholic and reformed the *via media* or "middle way" between Roman Catholicism and Protestantism.

Trinity organized in 1864 and our Victorian Gothic building dates from 1883. As a "National Jubilee Center," we reach out to many in need, and as a venue for performing arts, we live out our identity as a "village church" in the English tradition.

In "Eucharistic hospitality," we invite all persons to the Lord's Table. Please join us there, and then, next door after the Service for refreshment and fellowship. We are delighted that you are here, and would be delighted to meet you.

The Vestry

Ellen Eagan, Senior Warden Ben Westrope, Junior Warden Susan Fitzpatrick, Treasurer

Duane Himes	Jim Masters	
Cathy Meske	Lisa Rhea	
Bill Powell	Sonya Titus	

